



## Building Healthy Communities Together with SNAP-Ed and EFNEP

The Hawai'i Nutrition Center at the University of Hawai'i, through its SNAP-Ed and EFNEP programs, supports families and individuals across the islands by making healthy living easier and more accessible through hands-on nutrition education and community-led projects. We team up with schools, local agencies, and community organizations that serve households with limited incomes (under 200% of the Federal Poverty Level for SNAP-Ed and  $\leq 185\%$  for EFNEP).



SNAP-Ed in Hawai'i partners with agencies statewide to share practical food and life skills with single adults and kūpuna. Our classes and community efforts are designed specifically for the unique culture of Hawai'i and help everyone eat better and live well.



Hawai'i EFNEP supports families with young children and youth by teaching how to prepare healthy, budget-friendly meals and stay active as part of daily life.

**Together, we're creating healthier communities, one connection at a time.**



hnctr@hawaii.edu | (808) 956-4124 | <https://nutritioncenter.ctahr.hawaii.edu>

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